

"Mentally sound" is an adjective phrase that describes a person who is psychologically stable, rational, and in a healthy mental state.

Key Characteristics

- Rational Thinking: The ability to process information logically and make sound judgments.
- Emotional Balance: Functioning at a steady level of emotional and behavioral adjustment.
- Clarity: Operating with a lucid, clear, and coherent mind.

Common Synonyms

- Sane
- Balanced
- Stable
- Rational
- Compos mentis